

New Life Christian Fellowship

If your post box was empty on Valentine's Day, you feel anxious, lonely or lost, this is God's Valentine to you. God is love. God's Agape Love seeks the highest good for everyone. But, sometimes it just does not feel like it; we feel abandoned and Valentine-less!

Life is hard. Family breakdowns, debts, illness and loss, bring despair. Jesus' followers, faced desperate situations. They healed a slave woman in Jesus' name, making her *owners* angry: "A mob quickly formed against Paul and Silas..the city officials ordered them stripped and beaten with wooden rods. They were severely beaten, and...thrown into prison. The jailer was ordered to make sure they didn't escape. So he put them into the inner dungeon and clamped their feet in the stocks. (Acts 16:22 –24 The Bible)

How did they respond? Did they give up faith, moan, or worry? Amazingly not! "Around midnight Paul and Silas were praying and singing hymns to God, and the other prisoners were listening. Suddenly, there was a massive earthquake, and the prison was shaken to its foundations. All the doors immediately flew open, and the chains of every prisoner fell off!..."

"Praying and singing hymns to God", now that's faith! This is how Jesus wants us to live; free from fear and anxiety in any situation, experiencing God's Love, with an incomprehensible sense of peace, always filled with joy.

Paul later said in a letter to Philippi Christians: "Rejoice!....Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus. " He was speaking from experience.

Paul advises:"Fix your thoughts on what is true, and honourable, right, and pure, lovely, and admirable. Think about things that are excellent and worthy of praise...Then the God of peace will be with you." Not dwelling on the negative but asking God for strength to face today. This is God's Valentine's to you: a life of love, joy and peace.

New Life Christian Fellowship meet at Kilgetty Community Centre, 10.45am on Sundays.

Please contact us if you want someone to talk to or would like us to pray for you: 01834 831533/07827 293781.